

WHAT IS OSTEOPATHIC MEDICINE?

Osteopathic medicine is a philosophy and practice of physician care in the United States, distinct in its whole-person approach and pioneering in its conceptualization of wellness.

Doctors of osteopathic medicine, or DOs, graduate from a college of osteopathic medicine and complete subsequent specialty training in residency programs and fellowships in hospitals, community health centers or other clinical settings. DOs work in primary care, medical specialty and research positions. DOs are also trained in Osteopathic Manipulative Medicine (OMM), the science of using one's hands to diagnose and treat ailments.

Osteopathic medicine is one of the fastest growing segments of healthcare.

**1-IN-4 PHYSICIANS
IN THE U.S. ARE DOs**



PRE-HEALTH ADVISOR RESOURCES

Our resources page serves as a hub of information for advisors. Scan the code below to access the following:

- The Universal Advisor Portal
- Recruitment Events Calendar
- AACOMAS Deadlines and Updates
- AACOM Fact Sheet
- Medical Minute, our quarterly advisor e-newsletter
- Inside OME, our weekly osteopathic medical education e-newsletter



QUESTIONS?

Email us at choosedo@acom.org



ADVISING FUTURE DOCTORS

CHOOSE**DO**
AACOM

COMS ACROSS THE NATION

There are currently 35 states with at least one college of osteopathic medicine, and more new COMs will be opening soon. Check out our DO Explorer, a valuable FREE resource for researching and comparing programs.



WHO ARE OUR STUDENTS?

Admission to osteopathic medical school is competitive. Our colleges seek well-rounded individuals with a track record of academic excellence and a desire to make a difference in our healthcare system — students who will treat the whole person and emphasize health and wellness for all people.



2023 MATRICULANT PROFILE

Average MCAT Scores	
Psychological, Social & Bio: 126.94	Bio & BioChemical: 126.06
Chemical & Physical: 125.73	Critical Analysis & Reasoning: 125.17
Total MCAT: 503.90	

Average GPA	
Science: 3.52	Non-Science: 3.71
Overall GPA: 3.61	



Scan here to stay up-to-date on the most current class profiles and admissions requirements.

MATCH RATES

DO students are matching to residency program at record rates. In 2024, 92.3 percent of DO seniors matched to residency programs.



Scan here to learn more about our latest match rates and resources.

UNIVERSAL ADVISOR PORTAL

The Universal Advisor Portal (UAP) provides pre-health professions advisors at degree-granting, undergraduate institutions the ability to use a single login account to access, query and report on individuals applying to health professions programs. UAP is accessible via the AACOM website.

GET TO KNOW AACOMAS



Advisors are encouraged to create a test account in AACOMAS to familiarize themselves with the osteopathic medical school application. Be sure to enter "TEST" as your last name and use a personal email address when creating your account.

KEY DATES



The AACOMAS cycle opens annually on the first Monday in May and closes on the second Friday in April. Application deadlines vary by college of osteopathic medicine.



Advisors can access decision and matriculation data for the previous cycle annually on January 15 in UAP.